

VOLUNTEERS NEEDED Sept. 22nd and leading up to the event Endorphin 5K To Fight Brain Disease

Kittatinny Valley State Park Goodale Rd. Newton, NJ

Volunteer application: *Please fill out & check off all that you would be willing to do. Please indicate your availability. Please note: event is outdoors (rain or shine).*

PLEASE PRINT CLEARLY or TYPE and fill out entirely

Scan & Email: **iesBrainResearch@gmail.com** or FAX to: 973-726-6217
or drop at UPS Store 270 Sparta Ave. Suite 104 Sparta, NJ #210.

Name of Group/School/Organization/Company/Club (if applies) _____

Name: _____

Phone: _____ **Cell: _____ (Bring phone so that we can communicate)

Address: _____ Town _____ State _____ Zip _____

Fax: _____ Date of Birth _____ Age _____ Circle Shirt Size: S M L XL (adult sizes)

Email: _____

Circle age group: 10-14 must be accompanied by adult 15-17 18-21 Adult over 21 Senior

List any Restrictions: _____ I am strong (can lift heavy boxes, tables)

Saturday September 22nd Kittatinny State Park I can volunteer 6:30 am – 1:00 pm _____

Specify hours between 6:30am – 1:00pm (if cannot stay the whole time) _____

Fri. Sept. 21st Kittatinny State Park Help with trail 5PM – 7PM

Thurs. Sept. 20th Sparta: Put together runner packets I can volunteer 9AM – Noon _____ 2-6PM _____
Specify if part of the time _____

Weds. Sept. 19th Sparta: Put together runner packets, make signs & baskets 9AM – Noon _____
Specify if part of the time _____

Tues. Sept. 18th Sparta: Put together runner packets 2-6PM _____ Specify if part of the time _____

SEPT. 22nd _____ Place me anywhere on Sept. 22nd

Run Errands Can Drive (will have car) Announcements (**outgoing personality**) Parking
 Pick up bagels 6:15AM (Sparta) Registration Take video (have camera yes no) Take photos
 Food set up Post-race clean up Guide runners/walkers on trail Finish Line Water Table

_____ I WILL HELP DURING THE WEEKS LEADING UP TO THIS EVENT:

Tell & email people Put on my Facebook page & other social media Make phone calls
 Hang flyers, display cards Help get door prizes and goody bag items Get volunteers
 Get sponsors Sell course signs Sell pages Get runners & walkers
 Help at a table (at an expo or in front of store) Work on & mark the trails Data entry

If you can bring supplies and volunteer your services: face painting, balloon art, magic, sand art, other fun activities for any age, we would really appreciate it!!! Let us know.

Questions: Call: 973 726-6218 Email: iesBrainResearch@gmail.com FAX to: 973-726-6217

MAIL to (or drop off at): IES Brain Research 270 Sparta Ave. Suite 104 Sparta, NJ 07871 #210