

Well Marked Trail  
At: Kittatinny Valley  
State Park  
Andover, NJ



This year in memory of  
Irene Simon, the "I" in IES

## Endorphin 5K

### To Fight Brain Disease

Brain Cancer, Autism, Alzheimers, PTSD, Parkinson's,  
ALS, Addiction, TBI (concussion, etc.), Stroke, MS, etc.



Sept. 22<sup>nd</sup>



5K is Bib Chip Timed

Register online:

<https://runsignup.com/endorphin5k>

5K Finisher  
Medals

[www.iesBrainResearch.org](http://www.iesBrainResearch.org)

973-726-6218

Put together a team.

Get exposure for your business or just enjoy running with friends and family.

Team Prizes (Youngest, Oldest, Largest, Fastest 5K)

Team of 5 or more: runners, walkers, 5K and/or 2K

**\*\*HELP EVEN MORE AND RUN FOR FREE**

**Raise \$100 or more in pledges**

**and registration fee will be refunded**

**GREAT FOOD – GREAT TRAIL – GREAT CAUSE**

**Sponsorship opportunities including vendor tables**

Thank You Silver Sponsor

**THORLABS**